

Oriental Salad

Yield: 4-6 servings

Dressing Ingredients:

1/3 cup oil

1/4 cup sugar

2 T. vinegar

Salad Ingredients:

1/2 head of Cabbage or 1/2 bag of slaw

2 green onions (Chopped)

1/4 cup sunflower seeds

1pkg. Ramen chicken noodles (broken up, reserve seasoning)

Procedure:

1. In a small bowl, whisk together ingredients for dressing.
2. Cover and place in the refrigerator.
3. Using a grater shred the Cabbage.
4. Chop the green onions.
5. In a medium bowl, combine Cabbage, onions, seeds & broken noodles.
6. Drizzle dressing over, salad and toss.
7. Serve and enjoy.